Social Distancing in the Clinic

Social distancing means avoiding close contact with others to prevent the spread of COVID-19, and it can be challenging when managing patients and employees in a clinical setting. Below are some helpful tips!

- In the waiting room, keep chairs 6 ft apart. Remove chairs if needed.
- If the therapist is not ready for the patient when they arrive, kindly ask them to wait in the car.
- At this time we are asking patients not to bring children or others with them to the clinic.
- In the gym, limit contact between patients.
- Refrain from shaking hands. Greet your patient with a kind hello and a wave.
- Encourage Telehealth visits for patients who have cancelled their in-clinic visit.

Common Sense Kills Germs!